



VIDYA VIKAS SHIKSHAN SANSTHA, HINGANGHAT

**VIDYA VIKAS ART'S, COMMERCE & SCIENCE COLLEGE,
SAMUDRAPUR DIST. WARDHA 442305 (M.S.)**

(Affiliated to Rashtrasant Tukdoji Maharaj Nagpur University, Nagpur)

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Principal


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(NAAC Accredited B++ 2022)

7.1.1:

The institution has established several committees to ensure the safety and security of female students, including the Internal Complaint Committee, Women Studies and Service Centre, Sexual Harassment Committee, and Anti-Ragging Committee. Additionally, female students receive guidance and support from their mentors. To empower and boost the confidence of girl students, the institution has organized a range of activities.




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Programme Report

- **Name of Program / Event :** Awareness program on 'Sexual health information for teenagers'
- **Name of the Organizing Department:** Internal complaint committee
- **Date, Venue, Time/ Duration:** 10th August 2023, Auditorium Hall, Vidya Vikas College, Samudrapur
- **Number of participated students/ faculty members/ research scholar:** 63
- **Name of the speaker / guest:**
 - **Dr. Ankita Haigune,**
Medical Officer, Primary Health Centre, Samudrapur
 - **Dr. Archana Bhingare**
Medical Officer, Primary Health Centre, Samudrapur
 - **Dr. Raviprasad Narwade**
Medical Officer, Primary Health Centre, Samudrapur

- **Introduction of the event:**

For the introduction of Internal complaint Committee to the students and to aware the students about "Sexual health information for teenagers" a programme was organized on date 10th August 2023 at 2:00 P.M. in auditorium hall of Vidya Vikas College Samudrapur for all students. Dr. Nayana Shirbhate, Vice Principal of Vidya Vikas College, samudrapur presided as the chairperson whereas Dr. Ankita Haigune and Dr. Archana Bhingare was the Prominent Resource Person for the programme.

Initiating Mrs. Sanjivani Patil anchor of this programme welcomed everyone on behalf of Internal complaint committee. The program was commenced with the lighting of lamp by all dignitaries. Mrs. Shital Awaghade, presiding officer of Internal Complaint Committee took the privilege to introduce the Internal Complaint Committee and the role of ICC in college level. The workshop began with a presentation by Guest Dr. Ankita Haigune, who emphasized the importance of responsible behavior and the consequences of engaging in risky sexual activities. Dr. Archana Bhingare discussed the role of parents in providing sexual health information to their teenagers. She emphasized the importance of creating an open and non-judgmental environment at home, where teenagers can feel comfortable discussing their concerns and seeking guidance. Dr. Nayana Shirbhate discussed the legal implications of engaging in sexual activities without consent.

The event ended with a vote of thanks by Kale madam, expressing her gratitude to the guest speakers and the organizing committee for their contribution to the event.

- **Objective of the event:**
- To create awareness and promote responsible behavior among teenagers with regard to their sexual health.
- Drawback of sexual attraction at this age and concerns.

Photographs



Outcomes

- the seminar on sexual health information for teenagers was a success in providing valuable and necessary information to teenagers.
- The event emphasized the importance of responsible behavior, open communication, and informed decision-making about their sexual health.

Name and Sign of event In charge

Shital W. Awaghade

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Programme Report

- **Name of Program / Event : Rangoli Competition on Gender Sensitization**
- **Name of the Organizing Department: Internal complaint committee and NSS Department**
- **Date, Venue, Time/ Duration:** 9th December 2023 at Indoor Stadium
- **Number of participated students/ faculty members/ research scholar:**
- **Name of the speaker / guest:** 1. Dr. Vidya Shahane,
Professor, (Department of Home Economics)
Yashwant Mahavidyalay, Wardha.
2. Dr. Nayana Shirbhate,
Vice Principal, H.O.D. Department of Botany,
Vidya Vikas College, Samudrapur.

- **Introduction of the event:**

The Rangoli Competition on Gender Sensitization held on 9th December 2023 at Vidya Vikas College, Samudrapur, was a vibrant and thought-provoking event organized by the Internal Complaints Committee (ICC) and NSS Department of the college.

The event commenced with a warm welcome to all participants and attendees. Dr. Shahane Madam and Shirbhate Madam, the esteemed judges of the competition, were introduced and greeted. Dr. Shahane and Naina Madam delivered an insightful address to the students, emphasizing the importance of gender sensitization in today's society. They shed light on the need for understanding and respecting diverse perspectives, breaking stereotypes, and creating an inclusive environment. Their words resonated with the audience, setting the tone for the competition.

The participants were briefed about the competition rules, and the theme of gender sensitization was explained in detail. Rangoli designs were expected to reflect the values of equality, respect, and understanding, promoting a harmonious coexistence of genders. The competition saw enthusiastic participation from students, showcasing their artistic talents and conveying powerful messages through their rangoli designs. Dr. Shahane and Naina Madam carefully evaluated each rangoli based on creativity, adherence to the theme, and the message conveyed. The judging process was transparent and fair, reflecting the commitment of the judges to encourage and appreciate the efforts of the participants.

Mrs. Shital Awaghade, Presiding officer of ICC and Dr. Archana Bhende, Member of NSS Department extend their gratitude to all participants, judges, and attendees for making the event a memorable and impactful experience.

- **Objective of the event:**

To creatively address and raise awareness about gender sensitization through the artistic expression of rangoli.

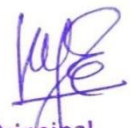
Photographs



Outcomes

- Participants and audience members became more aware of gender-related issues through the artistic expression of Rangoli.
- This creative expression can be a powerful tool to communicate messages about the importance of gender equality and the need to challenge stereotypes.




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Programme Report

- **Name of Program / Event:** Training program on ‘Self Defense for girls students’
- **Name of the Organizing Department:** Internal complaint committee and
Physical Education Department
- **Date, Venue, Time/ Duration:** 23rd August 2023 at Indoor Stadium
- **Number of participated students/ faculty members/ research scholar:** 70
- **Name of the speaker / guest:** 1. Mr. Chandrakant Satpute,
HOD , Physical Education Department
and Taluka Krida sanyojak, Samudrapur.
2. Sensai Mr. Rakesh Gajabe,
Martial arts trainer.

- **Introduction of the event:**

The self-defence training for college girl students was organized by the Internal Complaint Committee and Physical Education department of Vidya Vikas College, Samudrapur. The training took place at the Indoor Stadium on 23rd August 2023. The training was conducted by Sensai Mr. Rakesh Gajabe, a skilled martial arts trainer, and Mr. Chandrakant Satpute, the Taluka Krida sanyojak, Samudrapur.

Sensai Mr. Rakesh Gajabe, with his vast knowledge and expertise in martial arts, took the lead in providing the training sessions. He focused on teaching practical self-defence techniques such as strikes, blocks, kicks, and grappling techniques. The students were also taught how to use common objects as self-defence tools and how to assess their surroundings for potential threats.

Mr. Chandrakant Satpute, Taluka Krida sanyojak, Samudrapur, assisted Mr. Rakesh Gajabe in conducting the training. His experience in organizing sports events and training sessions proved valuable in creating a safe and effective learning environment for the participants.

The self-defence training received a positive response from the college girl students. They appreciated the opportunity to learn practical skills that could potentially save their lives. The trainers received commendations for their patience, expertise, and ability to create a comfortable learning environment.

The Internal Complaint Committee and the Physical Education department of Vidya Vikas College, Samudrapur, should be commended for their proactive approach to ensuring the safety and well-being of their female students. By organizing this self-defence training, they have taken a significant step towards empowering college girls and equipping them with the necessary skills to handle challenging situations.

The organizing committee, consisting of Dr. Shilpa Samdurkar, IQAC Co-ordinator, Mrs. Shital Awaghade, Presiding officer of ICC, Mr. Yogesh Yadav faculty of Physical education was successfully coordinated the event to ensure its smooth execution.

- **Objective of the event:**
To equip college girls with essential self-defense techniques and strategies to enhance their personal safety and security

Photographs



Outcomes

- The self-defence training provided the participants with practical techniques, knowledge, and confidence to protect themselves in various situations.



[Signature]
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