



VIDYA VIKAS SHIKSHAN SANSTHA, HINGANGHAT

VIDYA VIKAS ART'S, COMMERCE & SCIENCE COLLEGE,
SAMUDRAPUR, DIST. WARDHA 442305 (M.S.)
(Affiliated to Rashtrasant Tukdoji Maharaj Nagpur University, Nagpur.)

NAAC Reaccredited B++(CGPA:2.8)

Programme Report

- **Name of Program :** Importance of breast feeding
- **Name of the Organizing Department:** Home Economics Department collaboration with and Health Check up committee .
- **Date, Venue, Time / Duration:** 10 th August 2024.
- **Number of participated girls students/faculty members:** 80
- **Name of the speaker / Guest:** Dr. Rekha Nanotkar, Gynecologist Hinganghat, Dr.N.S.Shirbhate (Vice Principal), Dr.Archana Bhende (Health checkup committee), Mrs. Priti Nijam (Faculty of Home Economics), Mrs Smita Kale, Supporting faculty of Marathi etc .Inner wheel club ladies Hinganghat.

Introduction of the event: Breast feeding week is celebrated every year from 1st to 7th August to encourage breastfeeding and improve the health of babies around the world. The Home economics department and Health check up committee in collaboration with the inner wheel club successfully organized a comprehensive breast feeding program on dated 10/08/2024. The event was designed to promote the importance of breast feeding among new and expectant mothers highlighting the nutritional and emotional benefits. The guest of honor was Dr. N. S. Shirbhate Vice Principal , Vidya Vikas Mahavidyalaya, Samudrapur Dist. Wardha. The Key note speaker Dr Rakha Nanotkar presided over the programme and delivered introductory speech on the importance of breast feeding in healthy growth and development of child. Adding a cultural touch to the event , the inner wheel club ladies organized a Rangoli competition , which saw enthusiastic participation from the club members. The competition aimed to celebrate creativity and tradition with participating showcasing their artistic talents by creating intricate and colorful design .The Rangoli competition was judged by a panel of experts and the winner was announced at the end of programme. The inner wheel club members generously donated a gift to the winner as a token of appreciation for their outstanding creativity and effort. The home economics department and the inner wheel club expressed the gratitude to all participants and organizers for their dedication and support.



❖ Objective of the event:

- To create awareness among girls about breast feeding
- It promotes better health for mother and children.
- It prevents infection like bottle feeding various diseases.
- It prevent malnutrition of children's in our Nation .

Photographs:



सांस्कृतिक

बाळाच्या शारीरिक आणि मानसिक आरोग्यासाठी स्तनपान आवश्यक : डॉ. रेखा नानोटकर

देशोन्नती वृत्तसंकलन

समुद्रपूर : समुद्रपूर : बाळाच्या शारीरिक आणि मानसिके आरोग्यासाठी स्तनपान आवश्यक आहे. आईच्या दुधामुळे बाळाच्या शारीरिक रोगप्रतिकारक शक्ती वाढते आणि त्याला विविध असे संसर्गापासून संरक्षण मिळते स्तनपानाच्या माध्यमातून आई आणि बाळामध्ये जविक वाढते जे बाळाच्या मानसिक विकासाठी महत्वाचे असते. असे मत जागतिक स्तनपान दिन कार्यक्रमात डॉ. रेखा नानोटकर यांनी केले. स्थानिक



विद्या विकास महाविद्यालय गृह अर्थशास्त्र विभागाच्या वतीने जागतिक स्तनपान दिन कार्यक्रमाचे आयोजन करण्यात आले होते. त्यावेळेस त्या बोलत होत्या. कार्यक्रमाच्या अध्यक्षस्थानी उपप्राचार्य डॉ. नयना शिरभाते

होत्या. प्रमुख मार्गदर्शक म्हणून डॉ. रेखा नानोटकर होत्या. प्रमुख पाहुणे म्हणून डॉ. अर्चना भेंडे, गृह अर्थशास्त्र विभागाच्या प्रा. प्रीती निजाम उपस्थित होत्या. कार्यक्रमाचे

संचालन प्रा. स्मिता काळे यांनी केले. आभार प्रा. प्रणाली वरघने यांनी मानले. कार्यक्रमाच्या यशस्वीतेकरीता प्रा. प्रणिता घुबडे, प्रा. निकिता देवतळे, प्रा. संजीवनी पाटील, स्वाती महाबुद्धे यांनी सहकार्य केले. तालुका प्रतिनिधी

Outcomes:

- Girl Students aware about importance of breast feeding .
- Girl students received knowledge about common problems of women.
- Girls students aware about breast feeding protect babies against infectious diseases.
- Students aware about breastfeeding are one of the most effective ways to ensure child health and survival.

Co-ordinator
Dr. Archana Bhende
Ms. Priti Nijam

Date: 12/08/2024 .
Place: Samudrapur


Principal
Dr. Kishor G. Rewatkar

Principal
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