



VIDYA VIKAS SHIKSHAN SANSTHA, HINGANGHAT

**VIDYA VIKAS ARTS, COMMERCE & SCIENCE COLLEGE,
SAMUDRAPUR DIST. WARDHA 442305 (M.S.)**

(Affiliated to Rashtrasant Tukdoji Maharaj Nagpur University, Nagpur.)

Dr. K. G. Rewatkar
Principal

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(NAAC Accredited B++ 2022)

PROGRAMME REPORT

Report on International Yoga Day Celebration

Date: 21st June 2025

Time: 5:30 AM

Venue: Indore stadium, Vidya Vikas College, Samudrapur

Vidya Vikas Arts, Commerce & Science College, Samudrapur, through its **National Service Scheme (NSS) unit**, in collaboration with **Patanjali Yog Samiti**, **Mahila Patanjali Yog Samiti**, **Patanjali Kisan Seva Samiti**, and **Patanjali Yuva Bharat**, Samudrapur, organized the **International Yoga Day** celebration on **21st June 2025 at 5:30 AM**.

The program was presided over by **Dr. K. G. Rewatkar**, Principal of the college. **Prof. Meghshyam Dhakare**, Vice Principal, graced the occasion as the Special Guest and was present on the dais. The **Chief Guests** of the event were **Shri Gajanan Raut**, Ex-President of Nagar Panchayat, Samudrapur, and **Sau. Sushilatai Sonare**.

The yoga session was conducted by experienced instructors **Shri Vitthalrao Bodhe** and **Sau. Priya Babhulkar**, both from Patanjali Yog Samiti, Samudrapur. Various *asanas* and *pranayama* were demonstrated and practiced by all participants. The instructors provided detailed explanations of each posture and its health benefits.

Shri Vitthalrao Bodhe shed light on traditional yoga techniques, while Sau. Priya Babhulkar emphasized the importance of integrating yoga into everyday life for physical and mental well-being. They guided the participants through seated and standing *asanas*, explaining their significance and benefits.

In his address, the Vice Principal encouraged everyone to adopt yoga as a regular practice, noting its relevance and necessity in contemporary life. The Principal, in his presidential remarks, emphasized the holistic benefits of yoga in maintaining a balanced lifestyle.

The event saw active participation from both teaching and non-teaching staff of the college, as well as members of the Patanjali Yog Samiti, Samudrapur.

The program was compered by **Dr Rahul Gajbhiye (CTO)**, and the vote of thanks was proposed by **Dr. Prakash Tale**.

PHOTOGRAPHS:



Name and Sign. of Event Incharge

Dr. Rahul G. Gajbhiye
(NCC, CTO)

Date: 21st June 2025

Place: Samudrapur

Principal



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Ref: NSS/ /2025

Date: 21/06/2025

To,

Commanding Officer,
21-MAH-BN-NCC,
Dist- Sport Complex,
Civil Line Wardha.
442001.

Subject: Submission of Report on International Yoga Day Celebration.

Reference: Your letter No. 21-Bn/Trg/2025 dated 19th May 2025.

Respected Sir,

With reference to the above-mentioned subject and letter, I am hereby submitting the report of the **International Yoga Day** celebration organized by the **NCC Group of Vidya Vikas Arts, Commerce & Science College, Samudrapur**, in collaboration with **Patanjali Yog Samiti, Mahila Patanjali Yog Samiti, Patanjali Kisan Seva Samiti**, and **Patanjali Yuva Bharat**, Samudrapur.

The program was successfully conducted on **21st June 2025 at 5:30 AM** with active participation from teaching and non-teaching staff, NSS volunteers, and members of the collaborating organizations. The detailed report of the event is enclosed herewith for your kind perusal and record.

Thank you for your continued guidance and support.

Yours faithfully,

Dr. Rahul G. Gajbhiye

NCC CTO.
Vidya Vikas Arts, Commerce & Science College,
Samudrapur.

Date: 21st June 2025

Enclosure: Report on International Yoga Day-2025